

Active Schools Activities are FREE to ALL. Active East Lothian Activities have a fee, however, are FREE to pupils who are Care Experienced, Young Carers and/or registered for Free School Meals.

Please contact your local Active Schools Coordinator for more information.

Activity	Age	Time	Dates	Venue	Activity Leader	Cost
<b>Monday</b>						
Multi-Sports	P4-7	3:30-4:15pm	22nd Jan—11th Mar (off 12th & 19th Feb)	St Gabriel's PS	Connor Martin	FREE
Swimming (Intermediate)*	P4-7	5:30-6:30pm	22nd Jan—19th Feb	Mercat Gait Swimming Pool	Tranent Swimming Club	FREE
<b>Tuesday</b>						
Multi-Sports	P1-3	4:30-5:15pm	23rd Jan—12th Mar (off 13th Feb)	Longniddry PS	Chris Baldie	FREE
Multi-Sports	P4-7	5:30-6:15pm	23rd Jan—12th Mar (off 13th Feb)	Longniddry PS	Chris Baldie	FREE
Beginner Karate*	P2-7	5:00-6:00pm	5th—26th Mar	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing	FREE
<b>Wednesday</b>						
Multi-Sports	P1-3	4:00-4:45pm	24th Jan—20th Mar (off 14th Feb)	Cockenzie PS	Bethany Tipton	FREE
Multi-Sports	P4-7	5:00-5:45pm	24th Jan—20th Mar (off 14th Feb)	Cockenzie PS	Bethany Tipton	FREE
Beginner Karate*	P2-7	6:00-7:00pm	6th Mar—27th Mar	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing	FREE
<b>Thursday</b>						
Football Mini Kickers	Nursery (3+)	3:45-4:30pm	22nd Feb—21st Mar	Prestonpans Community Centre	Susan Stewart	£10
Football	P1-2	4:30-5:15pm	22nd Feb—21st Mar	Prestonpans Community Centre	Susan Stewart	£10
Football	P3-5	5:15-6:00pm	22nd Feb—21st Mar	Prestonpans Community Centre	Susan Stewart	£10
Rugby Skills	P3-7	4:00-4:45pm	22nd Feb—21st Mar	Preston Lodge HS	Jordan Hare	FREE
Basketball	P4-7	4:45-5:30pm	1st Feb—7th Mar (off 15th Feb)	Preston Tower PS (Preston Road)	Stewart Sands	FREE

\*Swimming (Intermediate) sessions are not swimming lessons. These sessions are an introduction to competitive club swimming—not suitable for non-swimmers or beginners.

\*Beginner Karate and Indoor Bowls are a free introduction for beginners to community clubs. Open to new participants—you can only book a place if your child has not previously attended and is not currently a member of these clubs.

FREE Active Schools Activities available to book Monday 15th January @ 6pm

PAID Active East Lothian Activities available to book Thursday 1st February @ 6pm

Book Online Here: [www.eastlothian.gov.uk/ActiveSchoolsPrestonpans](http://www.eastlothian.gov.uk/ActiveSchoolsPrestonpans)

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Activity	Age	Time	Dates	Venue	Activity Leader	Cost
<b>Friday</b>						
<b>Beginner Karate*</b>	P2-7	2:00-3:00pm	1st Mar—22nd Mar	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing	<b>FREE</b>
<b>Indoor Bowls*</b>	P4-S6	2:30-3:30pm	26th Jan—1st Mar	Meadowmill Sports Centre	Billy Mellors	<b>FREE</b>
<b>Gymnastics</b>	P1-3	3:00-3:45pm	23rd Feb—15th Mar	Ross High School Tranent	Erin Buckley	<b>£8</b>
<b>Gymnastics</b>	P4-7	4:00-4:45pm	23rd Feb—15th Mar	Ross High School Tranent	Erin Buckley	<b>£8</b>
<b>Cheerleading</b>	P2-7	5:00-5:45pm	23rd Feb—15th Mar	Ross High School Tranent	Erin Buckley	<b>£8</b>
<b>Saturday</b>						
<b>Beginner Karate*</b>	P2-7	9:30-10:30am	2nd Mar—23rd Mar	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing	<b>FREE</b>

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**Please note:**

- Spaces for all classes are limited and will be allocated on a first come first served basis
- Access to Leisure (ATL) members will receive 20% discount on all paid activities
- If you are unable to access our online booking service (after dates above), or you have any other queries, please contact your Active Schools Coordinator in confidence



## Does your child qualify for FREE sports activities?

### Free Access to Paid Activities

All Active Schools activities are free to all. Active East Lothian activities have a fee, however, are free to children who are care experienced, young carers, and/or registered for free school meals with East Lothian Council. All support is delivered confidentially.

To confirm you qualify and to receive your promo code for free access to paid activities, please email [ssands@elcschool.org.uk](mailto:ssands@elcschool.org.uk).

Your promo code should be used when booking Active East Lothian paid activities online at checkout. If you have previously received a promo code, this is still valid and can be used for new bookings.

Download Free School Meals application forms at [www.eastlothian.gov.uk/FreeSchoolMeals](http://www.eastlothian.gov.uk/FreeSchoolMeals) or email East Lothian Council at [educationenquiries@eastlothian.gov.uk](mailto:educationenquiries@eastlothian.gov.uk) or call **01620 827 827**.

Please note, promo codes should not be shared – incorrect use of your code may result in the offer of a place being withdrawn.



ACTIVE SCHOOLS PRESTONPANS

## VOLUNTEER WITH ACTIVE SCHOOLS!



We're looking for volunteers to help us provide more opportunities for children and young people to take part in sports and activities in the local community.

For more information and to find out how you can get involved, please contact:

**Stewart Sands | Active Schools Coordinator**  
E: [ssands@elcschool.org.uk](mailto:ssands@elcschool.org.uk)  
T: 07976 377 956

Online Booking: [www.eastlothian.gov.uk/ActiveSchoolsPrestonpans](http://www.eastlothian.gov.uk/ActiveSchoolsPrestonpans)

**Stewart Sands | Active Schools Coordinator**

Prestonpans Primary School Cluster

Preston Lodge High School, Park View, Prestonpans, EH32 9QJ

E: [ssands@elcschool.org.uk](mailto:ssands@elcschool.org.uk) | M: 07976 377 956 | T: 01875 811 170

**Find us Online:**

 Prestonpans Active Schools

 @PrestonpansAS