

ATHLETICS EAST LoTHIAN OPEN GRADED MEETING

Saturday 29 August 2015

East Lothian Athletics Arena, Meadowmill



EVENT TIMETABLE

| Time | Event | |
|-------|--------|-------------------------------------|
| 11.00 | 70mH | U13 Girls |
| | 75m H | U13B & U15G |
| | 80m H | U15B & U17W |
| | 100m H | U17M, U20W & SW |
| | 110m H | U20M & SM |
| 11.45 | 60m | RJT Twenty-14 Kids |
| 12.00 | 400m | Open Graded (fastest to slowest) |
| 12.20 | 300m | Open Graded (fastest to slowest) |
| 12.40 | 1000m | U11G & U11B |
| 13.00 | 3km | Open Graded |
| 13.30 | 800m | Open Graded (fastest to slowest) |
| 14.15 | 1 lap | RJT Twenty-14 Kids |
| 14.30 | 150m | U11B & U11G |
| 15.00 | 200m | Open Graded (fastest to slowest) |

| Time | Event | |
|-------|-----------|--------------------|
| 11.00 | Long Jump | U11 Girls |
| | | U11 Boys |
| 11.30 | Discus | U13 & above |
| 12.00 | High Jump | U13 Girls |
| | | U13 Boys |
| 12.15 | Shot Put | RJT Twenty-14 Kids |
| 13.00 | Long Jump | U17W, U20W, SW |
| | | U17M, U20M, SM |
| 13.00 | Shot Put | U11 Girls |
| | | U11 Boys |
| 13.45 | Long Jump | RJT Twenty-14 Kids |
| 14.30 | Hammer | U15 & above |
| 14.00 | High Jump | U15 Girls |
| | | U15 Boys |

held under UKA Rules, scottishathletics permit event

