

RECOVERY PLAN

Parent & Pupil Guidance

- All Bookings / Sign Up must be online - Links available from www.activeeastlothian.co.uk/active-schools/
- Pupils arrive dressed to take part - weather appropriate. No Changing Facilities are available.
- Pupils bring own water bottle and hand sanitiser, with their name on both.
- Parents & Pupils walk, cycle or travel in own car (same household) to Activity Venue - avoid public transport if possible.
- Parents & Pupils enter venue via the entrance / gate as advised when signing up.
- Parents & Pupils arrive no earlier than 5 minutes before the start of the session.
- Only 1 adult from each household to attend / spectate.
- Parents must socially distance from other adults and children when arriving.
- Pupils must use hand sanitiser at the start and end of the activity.
- Pupils must stay within their Activity Bubble as advised by their activity leader. Activity Bubble = The group they have been allocated at the activity.
- Pupils should be collected no later than 5 minutes from the end of the activity.
- Parents & Pupils should make their way home straight after the activity.
- Pupils should change when home, and have a shower.

If any pupils have symptoms of Covid-19 they should not attend their activity and should self-isolate for at least 10 days and inform their School and Active Schools Co-ordinator. Advice about booking a test can be found at www.nhsinform.scot

If a pupil has tested positive for Covid-19 they should also self-isolate for at least 10 days.

Pupils will also need to self-isolate for 14 days if they:

- Live with someone who has symptoms or has tested positive
- Someone in their support bubble has symptoms or has tested positive
- They have been told by NHS Test and Trace that they have been in contact with someone who has Covid-19

THE NUMBER OF ACTIVITIES WILL BE LIMITED, AS WILL THE SPACES AT EACH ACTIVITY.

THERE WILL BE A STAGGERED START TO ACTIVITIES AS WE ARE ABLE TO ACCESS FACILITIES AND RECRUIT ACTIVITY LEADERS.

SAME FUN AND ENJOYMENT FOR ALL, WITH YOUR HEALTH & WELLBEING AT THE FOREFRONT.

MORE INFORMATION AT WWW.ACTIVEEASTLOTHIAN.CO.UK/ACTIVE-SCHOOLS/