

NURSERY - PRIMARY 7

TERM 1

Code	Activity	Year	Time	Day/Dates	Cost	Conc. Cost	Venue
Mon	Judo Beginners ONLY	5-7 Yrs 8-9 Yrs 10+ Yrs	5-5.45pm 5.45-6.30pm 6.30-7.15pm	4th,11th,18th,25th November	FREE	FREE	Our Lady of Loretto Church Hall
Mon	Judo	5-7 Yrs 8-9 Yrs 10+ Yrs	5-5.45pm 5.45-6.30pm 6.30-7.15pm	Starts back 21st October	info@destinati onjudo. com	0131 467 9054	Our Lady of Loretto Church Hall
Mon	P7 Girls Only Rugby	P7	5 - 6pm	Starts back 28th October	FREE	FREE	Playing Fields Pinkie St. Peters Primary School
Tues	Crossfit	5-8yr olds 9-12yr olds	4.00-4.45pm 4.45-5.30pm	5th,12th,19th,26th November	FREE	FREE	Unit 3E Wallyford Industrial Estate
Tues	Table Tennis Beginners ONLY	P4-7	5.30 - 6.30pm	5th,12th,19th,26th November	FREE	FREE	Our Lady of Loretto Church Hall
Tues	Table Tennis	P4-7	5.30 - 6.30pm	Starts back 29th October	FREE	FREE	Our Lady of Loretto Church Hall
Wed	Karate Beginners ONLY	4+ Years	4.15 - 5.15pm	6th,13th,20th,27th November	FREE	FREE	Gym Hall 1 Musselburgh Grammar School
Wed	Karate	4+ Years	4.15 - 5.15pm	Starts back 23rd October	£5.50 Per session	N/A	Gym Hall 1 Musselburgh Grammar School
Wed	Hockey	P4-7	4.00 - 5.00pm	6th,13th,20th,27th Nov 4th,11th Dec	FREE	FREE	Pinkie St Peters Primary school 2G hockey pitch. (behind school)
Thurs	Trampolining	Nursery	4.45 – 5.30pm	7th,14th,21st,28th Nov 5th,12th Dec	£21	£16.80	Gym Hall 3, Musselburgh Grammar School
Thurs	Trampolining	P1-2	5.30 - 6.30pm	7th,14th,21st,28th Nov 5th,12th Dec	£21	£16.80	Gym Hall 3, Musselburgh Grammar School
Thurs	Trampolining	P3-4	6.30 - 7.30pm	7th,14th,21st,28th Nov 5th,12th Dec	£21	£16.80	Gym Hall 3, Musselburgh Grammar School
Thurs	Trampolining	P5-7	7.30 - 8.30pm	7th,14th,21st,28th Nov 5th,12th Dec	£21	£16.80	Gym Hall 3, Musselburgh Grammar School

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Wed	Run, Jump and Throw Athletics Club	P1-7	various	https://form.jotformeu.com/72175020325344	Book online	Book Online	Twenty –14 Athletics Meadowmill Sports centre/Musselburgh East Community centre
Fri	Musselburgh Boys Breakdancing	P1-3 P4-7	2 - 2.45pm 2.45 - 3.45pm	https://eastlothian.bookinglive.com/home/move-it-dance-classes/musselburgh/	Book online	Book Online	Niko Campie Primary School Gym Hall.
Fri	Musselburgh Girls Breakdancing	P1-7	1.15 - 2pm	https://eastlothian.bookinglive.com/home/move-it-dance-classes/musselburgh/	Book online	Book Online	Niko Campie Primary School Gym Hall.
Fri	Musselburgh Streetdance	Nursery P1-3 P4-7	1.30 - 2pm 2 - 2.45pm 2.45 - 3.30pm	https://eastlothian.bookinglive.com/home/move-it-dance-classes/musselburgh/	Book online	Book Online	Billie Burgh Primary School Gym Hall.
Mon/ Thurs/ Fri	Wakeboarding Surfing Rock Climbing	P4-7	Various	www.eastlothian.gov.uk/activeschoolstotaladventure	Book Online	Book Online	Foxlakes / Belhaven Beach / Foresters Park (Tranent)

TRAMPOLINING: These jump classes are run as a satellite club of the **City of Edinburgh Trampoline Club** with all coaches coming from this club. It is important that children taking part in these classes do not wear clothing that has **buttons, zips or pockets** that could get caught in the trampoline. Children who wear such clothing will not be permitted to take part in the class. It should also be noted that children must **wear socks** whilst on the trampoline and long **hair should be tied back**.

Do you qualify for FREE activities?

We believe that everyone should be able to participate and enjoy sport and physical activity whoever they are and whatever their background. Cost should never stop your child participating in sport and physical activity. If you are worried or concerned about your ability to cover the cost related to the activity your child would like to take part in, please contact Anna Potter (Contact details below) to discuss in complete confidence. Any assistance is provided confidentially so that it is not obvious to other individuals that your child is receiving this support.

Volunteers Required!!

Our entire activity programme is only possible because of our vast network of Volunteers and Coaches who commit their time to allow your children to get involved in physical activity. We are always looking to recruit volunteers!

Remember... Active Schools are here to help!

Active Schools across East Lothian are making a huge effort to try and get everyone involved in physical activity, no matter of their circumstances! For example, does your child have any issues that you think will stop them getting involved? No matter, let us know and we will aim to accommodate them in some aspect of our programme!

Classes run on dates specified, no classes will run during School Holidays. If any class is due to be cancelled you will be notified by text message or phone call. Parents may only sit in on a session for Week 1, unless arranged with the Active Schools Coordinator.

Complete Beginners - All of these classes are designed for children who have never attempted the activity before. Each child may only attend this for 1 block only. If you wish your child to continue the activity, there are club links in place to accommodate this.

Anna Potter, Active Schools Coordinator, Musselburgh Primary Cluster

Tel: 07976376945 Email: apotter@elcschool.org.uk

Facebook: Musselburgh Active Schools



TO BOOK YOUR CHILD'S PLACE ONLINE PLEASE VISIT:

www.eastlothian.gov.uk/ActiveSchoolsMusselburgh